



Since 1890, we've forged a wide-ranging network of connections throughout the Scottish, British and international seafood industries. This has enabled us to offer our customers a unique catalogue of the freshest seafood the shores have to offer.

Flat Fish – Available whole, dressed or filleted

- Brill
- Witch
- Megrin Sole
- Lemon Sole
- Dover Sole
- Plaice
- Turbot
- Halibut
- Rays

Round Fish – Available whole or filleted.

- Hake
- Cod
- Coley
- Monkfish
- Gurnard – Red and Tub
- Pollack
- Red Mullet
- Grey Mullet
- Sea Bass
- Stone Bass
- Sea Bream
- John Dory
- Sea Trout
- Salmon
- Haddock
- Whiting
- Herring



Round Fish continued

- Mackerel
- Sardines
- Sprat
- Tuna
- Swordfish

Shellfish – We have tanks on site to house our lobsters, crabs & langoustines.

- Langoustines
- Scottish Lobster
- Brown Crab
- Cooked Crab Meat – Brown or white meat.
- Spider Crab
- Velvet Crab
- Squat Lobsters
- Razor Clams
- Mussels – We stock Shetland mussels in 1, 2 & 5 Kg bags.
- Palourdes
- Cockles
- Surf Clams
- Pacific Oysters – Cumbrae, Gigha & Lindisfarne available.
- King Scallops – Available in shell or out. Hand dived available on request.
- Queen Scallops – Available in shell or out.
- Winkles
- Whelks
- Prawns
- Squid – Available whole or cleaned.
- Cuttlefish – Available whole or cleaned.
- Octopus
- Pasteurised Crab Claw Meat – 454g package.

Smoked and Cured Fish and Seafood

- St James Smokehouse Salmon – Hot smoked sides, gravadlax sides, cold smoked sides (d cut or long slice), cold smoked 100g or 200g packages.
- McKnight's hot smoked salmon
- Smoked Salmon Trimmings (Cold Smoked)



Smoked and Cured Continued

- Smoked Cod Roe – Smoked at severn and wye smokehouse. Notice Required.
- Pickled Herring – Roll mops, dill or sweet available in 3kg or 500g tubs.
- Smoked mussels
- Anchovies – With garlic, olives or spicy available in 1kg tubs.
- Smoked Haddock – Pale, Dark or Broken.
- Smoked Mackerel
- Peppered Mackerel
- Smoked cod
- Kippers
- Smoked Halibut – Available on request with minimum 1 weeks' notice.
- Craytails in Brine – available in 900g tubs
- Cooked Brown Shrimp – 1kg package
- Caviar – Ketta and Avruga.
- Squid Ink – 75g packages.
- Arbroath smokies

Poultry and Game

- Chicken Fillets – 5Kg packages available in 190-210g, 200-230g or 200g+ size skin off fillets.
- Chicken Supremes – Skin on French trim, available in packages of 10.
- Whole Chickens – Available tied or un tied in various sizes.
- Chicken Legs
- Chicken Wings
- Chicken Drumsticks
- Chicken Thighs
- Chicken Thigh Meat
- Chicken Livers, Gizzards and Hearts.
- Boiling Fowls
- Turkey – Available whole or crowns. (advanced notice required)
- Venison – Fresh available in season. Haunches, saddles, trim, medallions, and steaks available with advanced notice.
- Pheasants – Fresh available in season whole or in supremes.
- Wood Pigeon – Whole or beasts available.
- Partridge – Fresh available in season only. Advanced notice required.
- Eggs – Free range chicken eggs available per 15dzn case. Duck eggs available with advanced notice. Quail eggs per dozen.
- Gresingham Duck – Legs or breast. 2 per package.
- Stornoway Black Pudding



From the Freezer

Prawns

- Icelandic Prawns – 2kg bag
- Cold Water Prawns – 2kg bag
- Fresh Water King Prawns (6/8) – 1kg bag
- Fresh Water King Prawn (8/12) – 1kg bag
- Raw Peeled De-veined (13/15) – 1kg bag
- Raw Peeled De-veined (21/25) – 1kg bag
- Raw Peeled De-veined (26/30) – 2kg bag
- Raw Tiger (16/20) – 2kg box
- Raw Tiger (20/30) – 2kg box
- Raw Tiger (30/40) – 2kg box
- Raw Tiger (50/60) – 2kg box
- Argentinian Red (20/30) – 2kg box
- Crevettes – 2kg box

Scampi

- Gourmet – 454g bag
- Supreme – 454g bag
- Whole Tail Breaded – 454g bag

Frozen Shell Fish

- Clam Meat – 1kg bag
- Orkney all White Crab Meat – 454g
- Orkney 50/50 Crab Meat – 454g
- King Scallops – 1 & 2 kg bags available
- Queen Scallops – 1kg bag
- New Zealand Green Shell Mussels – Half shell or mussel meat available.
- Cray Bodies – 2kg bag.
- Luxury Seafood Cocktail – 1kg bag of squid rings, clam and mussel meat.
- Squid Tubes – 1kg bag
- Octopus – Sizes vary, sold individually.
- Baby Squid – 1kg bag
- Crab Sticks – 1kg box



Frozen Fish Fillets & Steaks

- FAS Haddock – 3 stone box
- IQF Haddock – 1kg box
- Breaded Haddock – Available in 4-5's (28portions), 5-6's (24 portions), 6-7's (20 portions)
- Red Mullet Fillets – 1kg bag
- Red Snapper Fillets – Various sizes.
- Sardines – 1kg bag, whole.
- Whitebait – 454 g bag.
- Tuna Steaks
- Halibut Steaks
- Swordfish Steaks

Miscellaneous

- Escargot – 454g box
- Frog Legs – 1kg bag
- King Prawns in Filo Pastry – 500g box
- Chicken nuggets – 1kg bag
- Oven ready chips – 1kg bag
- French Duck Breast
- French Duck Leg

T:0141 552 2825

E: info@johnvallance.com

Units D11-14, Glasgow Fish Market,

130 Blochairn Road, Glasgow

G21 2DU